

During social work, our beginning of the year social and emotional topic has been self-awareness. The students have focused on developing their 2021 goals. First, we learned about S.M.A.R.T. goals in the SEL A to Z digital workbook. You can find the activity here. [S.M.A.R.T GOALS Activity](#). Then the students wrote their goals in this document. [Goals](#) Some goals the students wrote were: "I will keep straight A's for the second semester." I will complete my Freshman year by passing Read 180." I will keep my job at Home Depot by arriving to work on time." "And by summertime, I would like to get a job at Target or Walmart." As the semester progresses, we will review their goals and keep track of their progress in this document. [Goal progress tracker](#)

The upcoming SEL topics for 2nd semester social work are celebrating diversity, healthy relationships, conflict resolution, effective communication, and healthy habits. :)

